



SAFE OPERATING PROCEDURE

All Aboard!

- 1 Activity Supervisor per 12 participants
- Inform CYC host of any malfunctioning equipment\
- Wear a hat and sunscreen

Method: Ask the whole group to try to fit on the small platform.

Cautions: Obviously people are going to need to feel physically comfortable in order to get physically close and be supportive of one another. So make sure people are warmed up and preferably have removed excessive jewellery, watches, etc.

Variations:

Name game: that every communication to another person must include that person's name. With a larger group it can be run as a record-breaking attempt. How many people can get onto the platform and hold it for 30 seconds.

Safety Concerns:

The group needs to be aware of all participants and be supporting each other.

At the end of the activity be careful when dismounting the platform that those who are being supported by individuals or the group don't suddenly find themselves unsupported and fall.

All damage and injuries must be reported to CYC Staff as soon as practicable
Failure to follow these instructions could result in injury.

CYC reserve the right to close this activity if these instructions are not followed.

To contact CYC Staff go to the office